

CLASS LEVEL DESCRIPTION



ABSOLUTE BEGINNER CLASS (AB)

These classes are run at a slower pace with walk throughs of each step. Perfect for those who have never danced before.

BEGINNER CLASS

Beginner classes are generally for those who have danced before or are more confident in their steps. The dances in these classes are run through faster and basic steps are not walked through (only newly introduced steps are walked through). These dances are harder than absolute beginner dances and introduce some more complex steps.

IMPROVER CLASSES

In these classes, common steps are only called by name, not walked through and the sequences are more advanced/faster. A fantastic class to work your way up to once you're confident in step sequences and calls.

AB/BEGINNER COMBINED CLASSES

In these classes I combine both levels of dances with full walk throughs but they run at a faster pace than an AB only class. A great way to test out beginner dances if you're looking to move up to a beginners class.